Over the last 13 years, GallopNYC has grown into a flourishing community of riders, families, volunteers, staff, and supporters—a diverse group bound by shared experiences and values. We understand how horses can improve people’s lives. We encourage each other to be brave. And most of all, we believe in ability.

I am honored to have become a part of this community. The warm welcome I enjoyed this summer was inspiring. Families generously shared their stories of achievement while staff shared their ideas for continued improvement and introduced me to our wonderful horses. Now eight months in as GallopNYC’s second Executive Director, I enjoy the unique welcome every morning I arrive at one of our four locations.

As the morning sun beams down on me at Sunrise Stables, I see Buddy being exercised before our school groups arrive. I hear our chickens as a new volunteer orientation takes place a few picnic benches away. Geese are walking around on our park property. And I see the determined faces of riders light up with joy as they accomplish a new goal.

I am profoundly grateful for having been entrusted to lead GallopNYC. As someone who has previously experienced the power of horses, our mission is very personal to me. This means the many hours I spend here do not feel like a job; it feels like a privilege. I will now guide our growth in a thoughtful and responsible way that considers a range of priorities including staff development, program enhancement, cash flow, and capital improvements.

We believe in our riders’ abilities, and also in our organization’s abilities. With your continued support, we will work toward our vision that every New Yorker with a disability has access to therapeutic riding. It will take bold action and dedicated support, but what it gives in return is best shown by the joy on our riders’ faces every day.

With Gratitude,

Nicole L. Cicogna
GallopNYC brings the proven benefits of therapeutic horsemanship to children and adults with disabilities in NYC. Therapeutic horseback riding provides measurable benefits for people with developmental, emotional, social, and physical challenges. Through weekly riding sessions with PATH Intl.-certified instructors, GallopNYC helps riders walk, talk, and learn, inspiring them to live their lives as fully, independently, and productively as possible. At the height of our season, we provide therapeutic lessons to 686 riders a week, and operate our riding program at four locations. We are committed to serving low-income and middle-income families and provide tuition scholarships to the majority of our riders.

About **GallopNYC**

Our **Accomplishments**

- Achieved certification as a Service Enterprise by Points of Light, for excellence in our volunteer management.
- Featured media coverage in Equestrian Living Magazine, NY1, People TV, Elite Equestrian Magazine, Queens Chronicle, Untacked, and Dreamwork’s Spirit Riding Free.
- A first time charity partner of the New York City Marathon, The Longines Masters New York, and the Blue Hill Troupe.
- Created a new Seniors Program which focuses on fitness, nutrition, and sense of purpose for seniors.
- Expanded our Leadership and Job Skills program for at-risk, court-involved teens and for teens with disabilities.
- Trained and mentored five new PATH Intl. certified instructors.
- Each of our riders on the GallopNYC Equestrian Team, Sponsored by Centennial Bank, qualified for the LIHSSRD Championship Final at the Hampton Classic Horse Show. We are very proud of our team, taking home Grand Champion and Reserve Champion in their divisions.
- Expanded our herd of therapeutic horses to 33 horses and ponies.

**Schools and Non Profit Groups**

**Participants in Our Programs**

**Public School Groups**

- PS75x138
- PS255@151Q
- PS75@255
- PS75K373
- PS75Q721
- PS35X 75K396
- PS75K231
- PS25R@IS75

**Community Based Organizations**

- Brooklyn Autism Center
- Extreme Kids & Crew
- SCO Family of Services
- Girls Inc.
- Brooklyn Kindergarten Society
- Job Path
- IDVU
- Girl Scouts Troupes
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicole Cicogna</td>
<td>Executive Director</td>
</tr>
<tr>
<td>Amy Price</td>
<td>Director of Development</td>
</tr>
<tr>
<td>James Wilson</td>
<td>Director of Operations, Administration, and Finance</td>
</tr>
<tr>
<td>Dana Fairbairn</td>
<td>Instructor Manager / PATH Int’l Certified Instructor</td>
</tr>
<tr>
<td>Amanda Gallo</td>
<td>Marketing and Communications Manager</td>
</tr>
<tr>
<td>Beth McReynolds</td>
<td>Front of Barn Manager</td>
</tr>
<tr>
<td>Bonnie Perry</td>
<td>Program Manager</td>
</tr>
<tr>
<td>Cheriselle Scott</td>
<td>Volunteer Manager</td>
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<tr>
<td>Marie Varvaro</td>
<td>Barn Manager / PATH Int’l Certified Instructor</td>
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<tr>
<td>Katherine Anderson</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Soorya Anilkumar</td>
<td>Groom/Instructor</td>
</tr>
<tr>
<td>Devika Baldeo</td>
<td>Customer Service Associate</td>
</tr>
<tr>
<td>Daniella Bartels</td>
<td>Groom</td>
</tr>
<tr>
<td>Katti-Lyn Battaglia</td>
<td>Groom/Instructor</td>
</tr>
<tr>
<td>Vanessa Bornholdt</td>
<td>Instructor</td>
</tr>
<tr>
<td>Henry Brown</td>
<td>Area Volunteer Coordinator / PATH Int’l Certified Instructor</td>
</tr>
<tr>
<td>Catherine Calderon</td>
<td>Instructor</td>
</tr>
<tr>
<td>Claudia Carmel</td>
<td>PATH Int’l Certified Instructor</td>
</tr>
<tr>
<td>Lola Fennimore</td>
<td>Groom/Instructor</td>
</tr>
<tr>
<td>Victoria Fullerton</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Karen Fyfe</td>
<td>Horse Education Instructor</td>
</tr>
<tr>
<td>Ruth Givens</td>
<td>Groom</td>
</tr>
<tr>
<td>Catherine Groene</td>
<td>PATH Int’l Certified Instructor / Groom</td>
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<tr>
<td>Eleanor Harrison</td>
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<tr>
<td>Lynne Holzhauser</td>
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<tr>
<td>Catherine Jennings</td>
<td>Horse Education Instructor</td>
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<tr>
<td>Cindy Krewson</td>
<td>Paddock Master - Pony Club</td>
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<tr>
<td>Bryan LeBoeuf</td>
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<td>Leslie Lewis</td>
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<td>Julianne Mosoff</td>
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<td>Aine Mulligan</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Margaret Munoff</td>
<td>Development Associate</td>
</tr>
</tbody>
</table>
Gallop NYC Staff

Katherine Murrell  PATH Int’l Certified Instructor
Jenna Payne  PATH Int’l Certified Instructor / Groom
Katie Raszewski  Groom/Instructor
Alessandra Sorrento  PATH Int’l Certified Instructor
Abigail Welhouse  PATH Int’l Certified Instructor
Erin Wilson  Groom

Board of Directors

Suzy Marquard  President
Sol Reischer  Vice President
Carla Pehowski  Secretary
Gavin Case  Treasurer

Audrey Abbott
Anne Marie Chance
Paul Hinton
Constance Hunter
Alicia Kershaw
Natalia Kory
Carlos Lamadrid
Julie Napolitano
Lisa Paige
Jagdish Singh
Esada Qazi
Lori Silverstein
Lucie Claire Vincent

Rising Professionals

Honour Masters  Chair
Kristen Bailey
Vanessa Bornholdt
David Faust
Dan Grubert
Netra Kumar
Kylie Long
Lexi McCanick
Steve Rizzo
Claire Sprattler
Riddhima Yadav
Weifang Zhu

Advisors

Danielle Barth
Jessica Bent
Sasha Blair Goldensohn
Georgina Bloomberg
Michael John Carley
John E. Franzreb III
Iris Gold III
Frances M. Green

Chris Irwin
Hendrik Laverge
Ken Paterno
Herb Sambol
Judy Place Sloan
Program Overview

**4 Locations**

- **QUEENS**
  - Gallopnyc Forest Hills
  - Gallopnyc Sunrise Stables

- **BROOKLYN**
  - Prospect Park, Bowling Green
  - Bronx Equestrian Center

**Diagnosis**

- Down Syndrome: 3%
- Other: 4%
- ADD/ADHD: 4%
- Neurological Disorders: 5%
- Cerebral Palsy: 7%
- Developmental Delays: 15%
- Not Disclosed: 15%
- Autism Spectrum Disorder: 47%

**Improvement on Life Goals**

- Communication: 48%
- Social Interaction: 66.18%
- Responsibility: 66.55%
- Balance: 73.50%
- Self Confidence: 74.18%
- Focus and Attention: 75.82%
- Reduce Negative Behaviors: 77.59%
73 + Hippotherapy Riders
613 = 686 Therapeutic Riders
Unique Riders Per Week

Total Free Horse Education Lessons = 192

Tuition Scholarships

More than half of our riders' tuitions are subsidized thanks to dedicated donors.

- Full Tuition Scholarships: 32%
- Partial Tuition Scholarships: 28%
- Full Tuition: 40%

Ethnicity

<table>
<thead>
<tr>
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<td>Hispanic</td>
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<tr>
<td>African American</td>
<td>12%</td>
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<tr>
<td>Asian</td>
<td>9%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
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</tbody>
</table>
GallopNYC Fiscal Year 2018

Revenue $1,943,170
- Net Riding Fees $267,546 (14%)
- Grants $504,581 (25%)
- Contributions $828,816 (42%)
- In-Kind Contributions $98,605 (5%)
- Interest and Dividend Income $4,229 (1%)
- Other Income $199,099 (10%)
- Realized Gains $30,779 (2%)
- Unrealized Gains $9,515 (1%)

Expenses $2,038,776
- Program Services $1,634,714 (80%)
- Support Services $404,062 (20%)

Net Assets $826,481
- Property and Equipment $447,997 (54%)
- Cash, Accounts Receivable, Investments, and Prepaid Expenses $365,284 (44%)
- Other Assets $13,200 (2%)
Our Donors

$50,000 +
Blue Hill Troupe
The FAR Fund
Taft Foundation

$25,000 - $49,999
Audrey Abbott
Anonymous
Bloomberg Philanthropies
Kim Charlton and Stephen Meringoff
Goldman Sachs Gives
Gray Foundation
Alicia Kershaw and Peter Rose
Suzy Marquard
Meringoff Family Foundation
NYC Department of Health and Mental Hygiene
Naomi Rosenthal
Stavros Niarchos Foundation
The Winifred Johnson Clive Foundation
David and Sybil Yurman

$10,000 - $24,999
Centennial Bank
Arthur Dantchik
Give Back for Special Equestrians
Herrick, Feinstein LLP
NYC Council
NYC Department of Education
Patrina Foundation
Sol Reischer
Lorraine Sostowski
Craig W. Virden Foundation, Inc.

$5,000 - $9,999
American Express Foundation
Ares Capital
Brown Rudnick LLP
Eileen Fisher Company
Emma and Georgina Bloomberg Foundation
Equus Foundation
The Grodzins Fund
Houlihan Lokey
Constance Hunter
King and Spalding
Laura J. Niles Foundation
Macquarie Group
The Make-A-Wish Foundation
Steve Malkenson
Daniel Marsili
The Mayors Fund
Morgan Stanley Foundation
NYC Service
John O’Donnell
Carla Pehowski
New York Community Trust Amy and Martin Post Fund
Erica Rose
Faith Rosenfeld
Glenn and Mary Rufrano
Herb Sambol
Sean Stanzak
Sterling Project Development
Virginia Terry and Matthew Jacobus
Wray Thorn
Tryon Equestrian Partners
Two Sigma
$2,500 - $4,999
Anonymous
Jessica and Jeb Bent
John Bostany
Mel Brender
The Capital Group Companies
Charitable Foundation
Kathy Evers
Sallie Gouverneur
The Grodzins Fund
Frances and Ronald Green
Betsy Hutman
King & Spalding LLP
Suzie and Bruce Kovner
Stacey and Curtis Lane
Moishe Mana
PayPal Charitable Giving Fund
New York Community Trust Rippe
Family Fund
Rodney Seelig
Lindsay Shea
Joseph S. and Diane H. Steinberg
Daniel Tai
Julie and Konrad Testwuide
Andrea Walton
Brian Ward
Tim Zietara

$1,000 - $2,499
Mary and James Albrecht
Liz Altman
Nelson Alves
Anonymous
Ares LLC
Jill Babic
Deanie Barth
Paula and Earl Black
Dianne Brandi
William and Mary Buckley
Foundation
Gavin Case
Colgate-Palmolive Company
Susan and Christopher Cowie
Annie Curtin
Diane and Ed Daley
Michael Defazio
David and Ingrid Ellen
Nadine Ellerthorp
Sam Ellis
Kathleen and Henry Elsesser
Elaine and Buddy Engelstein
Steven and Deborah Epstein
Eliza Factor
Andrew Fately
Elise and Henry Feuerstein
FIAME
The Frank J. Antun Foundation
Alicia Glen and Daniel Rayner
Andrienne Gordon
and Gary Herman
Lisa Hall
Marc Harris
Pat Healy
Holland & Knight
Anouchka and Sam Houser
J. Maurits Hudig
JPMorgan Chase
Melanie Katzman and Russell
Makowsky
Hans Kertess
Lands’ End
Lynn Lang
The Laura B. Vogler Foundation
Glen Gillen and Michael Lawrence
Francine D. Levine
Esther Malamud
Manhattan Saddlery
Derek Manwaring
Jessica Marshall
Blythe Masters
Mayer Brown LLP
Mary McMahon
Bethany and Robert Millard
Soledad Mills
Andrew Moore
The Philip and Tammy Murphy
Family Foundation
Julie Napolitano
Mara Nerenberg
Li Ng
Kathy and David Nissenbaum
Marlene and Kevin O’Dea
Phil OToole
Katharine and Willard Overlock
The Pennsylvania National Horse
Show Foundation
Amy Promaine
Pzena Investment
Charitable Fund
RBC
Resorts World Gives
Heidi and Allen Roberts
Cynthia Rosen
Barbara Rosen
Jonathan Russo
Michelle and Gerard Sanfilippo
The Schmidt Charitable
Foundation
Allan Schwartz
Lindsay Shea
Lisa Sinzheimer
Judy and David Sloan
Bernard Smith
Joan Solotar
Donna and Richard Soloway
Brent Stackhouse
The Joseph S. and Diane H. Steinberg 1992
Charitable Trust
Summer Street Advisors, LLC
Daniel Tai
TD Charitable Foundation
Royce Tidwell
Barbara and Donald Tober
Foundation
Dino Veronese
WABC-TV
Nela Wagman and Steven Wein
Andrea Walton
Brian Ward
Suzanne Widon
Brian Yudkin

$500 - $999
Beth Ailes
The Richard Anderson
Charitable Fund
Anonymous
Karen Arrigoni
Bank of America Charitable
Foundation
Janine Baron
Hugo Barreca
Barbara and Jeffrey Becker
Mike Bellon
Sasha Blair-Goldensohn
Rose Bonamusa
Andrew Brown
Jonathan Byrne
Steven Cahall
Rose Caiola Musacchia
Ashley Caldwell
Mara Nerenberg
Philip O’Shea III
Debra Paoli
Estefanio and Mauricio Parroquin
Vicki Petrella
Karen Phillips
Katharine Place
Katharine Place
Marcello Porcelli
Andrea Rachman
Phillip Raible
Rachel Ratner and
Richard Greenspan
Jean Rawitt
William Roberti
Leslie Robinson
Patricia Rooney
Margery Rosenberg
Jonathan Russo
Dianne and Dan Ryterband
Howard Sacarob
Carla and John Scagnelli
Heather and Jackson Sciacca
Michael and Michell Siano
Betsy Simons
Anne Marie Sowder and Jay Gorman
Jason Spacek
Richard Spencer
Lynda Steinberg and Anthony Jiga
The Joseph S. and Diane H. Steinberg
1992 Charitable Trust
Margo Taft and Donald Stever
Beth Lynn Barry and Daniel Sussman
Michael Swiader
Martha Talley
Thomas Reuters
Thomas Tomeo
Laura Valeroso
Cynthia Vance
Yossi Vebman
Lucie Claire Vincent and
Felipe Herrera
Jon Voigtman
Brian Ward
Einab Weingarten
Lisa Williams
David Winston
Carole Yass

Government

NYC Department of the Aging
NYC Department of Education
NYC Department of Health and Mental Hygiene
NYC Department of Parks and Recreation
NYC Department of Youth and Community Development
NYC Mayor’s Office

In Kind Donations

Barclay’s Center
Downtown Brooklyn Neighborhood Association
Clinton Kershaw
Goldman Sachs
Home Depot
Lands’ End
Kevin O’Dea
Sol Reischer
Rodney Seelig
Salesforce Foundation
Taproot Foundation
Andrea Walton

Special Thanks

Brooklyn Borough President Eric Adams
Commissioner Victor Calise, NYC Mayors Office for People with Disabilities
Council Member Diana Ayala
Council Member Justin Brannan
Council Member Laurie Cumbo
Council Member Chaim Deutsch
Council Member Mark Gjonaj
Council Member Karen Koslowitz
Council Member Brad Lander
Council Member Eric Ulrich
Council Member James Vacca
Council Speaker Corey Johnson
Queens Borough President Melinda Katz
Queens Parks Commissioner
Dorothy Lewandowski
Prospect Park Alliance
Queens Community Board 6
Queens Community Board 10

Michelle Clayman
Doug Colandrea
Abigail Corcoran
Neil Coughlan
Susan Cowie
Tom and Leonore Cunningham
Cathy Danziger
Frederick Dantchik
Michael Defazio
Ken DeMott
Steve Dennin
Robert N. & Nancy A. Downey Foundation
David Downie
Electro-Miniatures, Corp.
Julie and Bagrielle Esperdy
David Faust
Gregg Gelman
Anthony George Gero
Maryanne Gilmartin
Jennifer Gomez
Google
Mark Gould
Deborah Grace
Thomas Gutowski
Julie Hertzog and Gabrielle Esperdy
Jamie Hill
Alan Hirsh
Caroline Holl
Cathy Huang
Anthony Jiga and Lynda Steinberg
Tom Johnson
Curtis Kemeny
Rikki Klieman and William Bratton
Natalia Kory
David Kratz
Lisa Lambert
Hans Laverge and Barbara Tamerin
Miyoung Lee and Neil Simpkins
Elizabeth Lenas
Kathryn Lu
Liz and Matt Luckett
Stacy Mark
Alice and Allan Marx
Christopher Mauro
Thomas McMahon
Thomas Mitchell
Andrew Moore
The Philip and Tammy Murphy Family Foundation

Lucy Claire Vincent and
Felipe Herrera
Jon Voigtman
Brian Ward
Einab Weingarten
Lisa Williams
David Winston
Carole Yass
Meet Marley, an enthusiastic and charming teenager who has built a powerful bond with our horses, especially her favorite horse Buddy. It is clear that Marley is excited to visit the horses and looks forward to her weekly therapeutic riding lessons - but Marley didn’t always have an easy time making connections. In fact, she was once withdrawn and anxious around people and other animals, such as cats and dogs. But the first time Marley saw a horse, something magical happened - she wasn’t scared or timid; she was curious and wanted to learn. There was something about our furry four-legged friends that invited her in. Marley’s family believes that it was our horses’ calm, patient, and loving nature that inspired her to open up and try something new.

Marley’s mother first discovered therapeutic riding through a recommendation from Marley’s teachers. Her mother wanted Marley to have an activity that could help with her focus, social skills, and speech. She was delighted when she found that and so much more at GallopNYC. Through her weekly therapeutic riding lessons, Marley has made significant and measurable progress that has carried over into her daily life. She is now patient and willing to wait her turn; she has better concentration; her social and communication skills have improved; and she is joyful and more confident.

The benefits that Marley has experienced through our therapeutic program have extended to the rest of her family. Her entire family enjoys coming to the barn and has bonded with volunteers, staff, and other families to form deep and lasting friendships. Her sisters have spent hours volunteering during lessons and caring for our horses in the barn. GallopNYC has provided her family with a safe and nurturing community that they all enjoy being a part of.

“My daughter Marley has been part of the GallopNYC community for at least 5 years. I can’t begin to tell you the progress she has made and the confidence she has gained. She just adores the horses, the entire staff and volunteers, it has become her second family. I have three other children and they all feel that Marley and our family have found an amazing community in GallopNYC. Thank you!” - Lisa, Tony, Marley, Shayla, Keira, and Jackie
The mere mention of the name, L’Hava, is sure to bring a smile to any member of our staff and volunteer who knows her. L’Hava joined our therapeutic riding program just a short time ago, in the fall of 2017. Because her smile, laugh, and positive attitude are so infectious and brightens your day, she quickly became well-known and loved by all in our community.

L’Hava is living with multiple sclerosis (MS), an unpredictable, often disabling disease of the central nervous system that disrupts the flow of information within the brain, and between the brain and body. MS has impacted L’Hava both physically and mentally. She had always been an active person who enjoyed skiing, but her condition no longer allowed her take part in the sports she loved.

Although necessary, the gym exercises and physical therapy were becoming too routine for her. A social worker from Mt. Sinai recommended therapeutic riding as a way to introduce sports back into her life. L’Hava was excited by the idea of learning a new sport that she could participate in and it didn’t take long for her to enroll in our program.

“\textbf{When I first got on the horse, my MS quieted down. Once I started to learn how to position my heels and then how to post, it definitely helped my walking the next day - I could see the major improvements in my walking immediately. Being on the horse was very soothing in a way other physical therapies have not been.}”

Now, over a year into our program, L’Hava has gained strength in her arms and legs. She is learning to use her thigh muscles to control and steer the horse, which can help with mobility when she is walking. Her instructors give her exercises to stretch her body and improve her balance. L’Hava has made great progress and no longer needs the assistance of sidewalkers in the arena. The independence has helped her confidence, especially when dealing with her MS. She now looks forward to challenging herself with new goals every week.

L’Hava has also bonded with the other riders in our program and has formed friendships that extend outside of the arena. GallopNYC has become a supportive community for her and an important new chapter in her life. She even started volunteering with us by helping with paperwork and data entry!
Laura Antoniou

“Any time I spend at GallopNYC is a gift for me, to be honest. I love bringing baked treats for the staff and other volunteers to show how grateful I am to have the chance to work at such a wonderful stable with such inspiring people and beautiful horses.”

Nicole Adduci

“I volunteer because I love seeing the smiles on the faces of our riders, families, and of course, fellow volunteers! Time spent with GallopNYC’s amazing horses is always the best part of my week, and I’m so glad I can spend time helping our riders learn and grow.

Melissa Heide

“I volunteer at GallopNYC because I enjoy it! I started volunteering because I missed being around horses, and I’ve kept coming back because of the welcoming environment created by staff, students, and other volunteers. I feel like I’m making a difference, and I look forward to my weekly shifts.”
GallopNYC could not offer therapeutic riding without our volunteers. They greet our riders, help them mount, keep them safely balanced on the horse, and participate in activities that support riders so they can meet their goals. They devote their time and energy to help change the lives of New Yorkers with disabilities. We rely on an extensive network of volunteers for crucial roles in therapeutic riding, in the barns, and at special events. Their collaborative and generous spirits accelerate our impact.

**Active Volunteers Last Fiscal Year:** 1,732
**Total Volunteer Hours:** 23,475

GallopNYC could not offer therapeutic riding without our volunteers. They greet our riders, help them mount, keep them safely balanced on the horse, and participate in activities that support riders so they can meet their goals. They devote their time and energy to help change the lives of New Yorkers with disabilities. We rely on an extensive network of volunteers for crucial roles in therapeutic riding, in the barns, and at special events. Their collaborative and generous spirits accelerate our impact.

**We Love Our Corporate Groups**

Our corporate groups benefit from a deep sense of teamwork, purpose, and the satisfaction of giving back to their community. This year, GallopNYC hosted groups from The Gap, Home Depot, Oglivy & Mather, Hachette Publishing, Barclays, ViaCommunity Day, Young Professionals Committee at the Volunteer Referral, AstraZeneca, JP Morgan Finance, Ares Capital, Simon and Schuester, Converto, Blackstone, Neverware, and Hall Capital.
Our **Mission**

GallopNYC uses therapeutic horsemanship to help riders in NYC with disabilities walk, talk, and learn, inspiring them to live their lives as fully, independently, and productively as possible.

Our **Vision**

That every child with a disability in New York City has access to therapeutic horseback riding.