Over the last 13 years, GallopNYC has grown into a flourishing community of riders, families, volunteers, staff, and supporters—a diverse group bound by a shared belief that everyone has ability and can succeed.

Our Fiscal Year ending June 30, 2018 was another banner year, and we are pleased to share our successes with you. You can see on every page of this report our happy riders, our proud volunteers and our well loved and cared for horses.

I am especially proud of our riders’ improvements on their life goals. More than 75% of our riders working on focus and attention showed improvements! The improvements validate our deep belief in our riders’ abilities. And these results underscore an important point – while our riders are learning to ride a horse, the real benefit is their improvement in the skills they need to succeed in life.

We at GallopNYC truly believe in the organization’s abilities. In this last fiscal year, we continued to expand ridership, build financial strength and grow our donor base, all while subsidizing the riding fees for a majority of our riders. We created a new Seniors program, and we achieved certification as a Points of Light “Service Enterprise” for volunteer management, acknowledging the quality of our work with volunteers.

You, our supporters, improved the lives of hundreds of New Yorkers with disabilities this year through your generous contributions. Thank you for believing in our riders’ abilities, and also in GallopNYC’s capacity to grow and improve as a leader in the field of therapeutic horsemanship and as an important resource for our New York City communities.

With your continued support, we will work toward our vision that every New Yorker with a disability has access to therapeutic riding. Reaching our vision will take bold action and dedicated support, but as you can see in these pages, it’s worth it all, for a glimpse of the joy on our riders’ faces, and the faces of their parents.

Sincerely,

Suzy Marquard

Suzy Marquard
GallopNYC brings the proven benefits of therapeutic horsemanship to children and adults with disabilities in NYC. Therapeutic horseback riding provides measurable benefits for people with developmental, emotional, social, and physical challenges. Through weekly riding sessions with PATH Intl.-certified instructors, GallopNYC helps riders walk, talk, and learn, inspiring them to live their lives as fully, independently, and productively as possible. At the height of our season, we provide therapeutic lessons to 686 riders a week, and operate our riding program at four locations. We are committed to serving low-income and middle-income families and provide tuition scholarships to the majority of our riders.

Our Accomplishments

- Achieved certification as a Service Enterprise by Points of Light, for excellence in our volunteer management.
- Featured media coverage in Equestrian Living Magazine, NY1, People TV, Elite Equestrian Magazine, Queens Chronicle, Untacked, and Dreamwork’s Spirit Riding Free.
- A first time charity partner of the New York City Marathon, The Longines Masters New York, and the Blue Hill Troupe.
- Created a new Seniors Program which focuses on fitness, nutrition, and sense of purpose for seniors.
- Expanded our Leadership and Job Skills program for at-risk, court-involved teens and for teens with disabilities.
- Trained and mentored five new PATH Intl. certified instructors.
- Each of our riders on the GallopNYC Equestrian Team, Sponsored by Centennial Bank, qualified for the LIHSSRD Championship Final at the Hampton Classic Horse Show. We are very proud of our team, taking home Grand Champion and Reserve Champion in their divisions.
- Expanded our herd of therapeutic horses to 33 horses and ponies.

Schools and Non Profit Groups

Participants in Our Programs

Public School Groups
- PS75x138
- PS255@151Q
- PS75@255
- PS75K373
- PS75Q721
- PS35X 75K396
- PS75K231
- PS25R@IS75

Community Based Organizations
- Brooklyn Autism Center
- Extreme Kids & Crew
- SCO Family of Services
- Girls Inc.
- Brooklyn Kindergarten Society
- Job Path
- IDVU
- Girl Scouts Troupes
## Gallop NYC Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>James Wilson</td>
<td>Interim Executive Director</td>
</tr>
<tr>
<td>Amy Price</td>
<td>Director of Development</td>
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<tr>
<td>Dana Fairbairn</td>
<td>Instructor Manager / PATH Int’l Certified Instructor</td>
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<tr>
<td>Amanda Gallo</td>
<td>Marketing and Communications Manager</td>
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<tr>
<td>Beth McReynolds</td>
<td>Front of Barn Manager</td>
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<tr>
<td>Jenni Messner</td>
<td>Associate Development Manager</td>
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<tr>
<td>Bonnie Perry</td>
<td>Program Manager</td>
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<tr>
<td>Cheriselle Scott</td>
<td>Volunteer Manager</td>
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<tr>
<td>Marie Varvaro</td>
<td>Barn Manager / PATH Int’l Certified Instructor</td>
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<tr>
<td>Katherine Anderson</td>
<td>PATH Int’l Certified Instructor</td>
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<td>Soorya Anilkumar</td>
<td>Groom / Instructor</td>
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<tr>
<td>Devika Baldeo</td>
<td>Customer Service Associate</td>
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<tr>
<td>Daniella Bartels</td>
<td>Groom</td>
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<tr>
<td>Katti-Lyn Battaglia</td>
<td>Groom/I Instructor</td>
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<tr>
<td>Vanessa Bornholdt</td>
<td>Instructor</td>
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<tr>
<td>Henry Brown</td>
<td>Area Volunteer Coordinator / PATH Int’l Certified Instructor</td>
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<tr>
<td>Catherine Calderon</td>
<td>Instructor</td>
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<tr>
<td>Claudia Carmel</td>
<td>PATH Int’l Certified Instructor</td>
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<td>Lola Fennimore</td>
<td>Groom / Instructor</td>
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<td>Victoria Fullerton</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Karen Fyfe</td>
<td>Horse Education Instructor</td>
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<td>Ruth Givens</td>
<td>Groom</td>
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<td>Zora Gookin</td>
<td>Groom</td>
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<tr>
<td>Catherine Groene</td>
<td>PATH Int’l Certified Instructor / Groom</td>
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<tr>
<td>Eleanor Harrison</td>
<td>PATH Int’l Certified Instructor</td>
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<td>Lynne Holzhauser</td>
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<td>Catherine Jennings</td>
<td>Horse Education Instructor</td>
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<td>Alicia Kershaw</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Cindy Krewson</td>
<td>Paddock Master - Pony Club</td>
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<td>Bryan LeBoeuf</td>
<td>Groom/I Instructor</td>
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<td>Leslie Lewis</td>
<td>PATH Int’l Certified Instructor</td>
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<tr>
<td>Suzy Marquard</td>
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<td>Patricia McLaughlin</td>
<td>Groom / Instructor</td>
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<td>Kaitlyn Mitchell</td>
<td>Instructor</td>
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<tr>
<td>Julianne Mosoff</td>
<td>PATH Int’l Certified Instructor</td>
</tr>
<tr>
<td>Aine Mulligan</td>
<td>PATH Int’l Certified Instructor</td>
</tr>
</tbody>
</table>
GallopNYC Staff

Margaret Munoff, Development Associate
Katherine Murrell, PATH Int’l Certified Instructor
Jenna Payne, PATH Int’l Certified Instructor / Groom
Katie Raszewski, Groom / Instructor
Alessandra Sorrento, PATH Int’l Certified Instructor
Abigail Welhouse, PATH Int’l Certified Instructor
Erin Wilson

Board of Directors

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Sol Reischer, Vice President
Carla Pehowski, Secretary
Gavin Case, Treasurer

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Paul Hinton
Constance Hunter
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Natalia Kory
Carlos Lamadrid
Julie Napolitano
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Jagdish Singh
Esada Qazi
Lori Silverstein
Lucie Claire Vincent

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Vanessa Bornholdt
David Faust
Dan Grubert
Netra Kumar
Kylie Long
Lexi McCanick
Steve Rizzo
Claire Sprattler
Riddhima Yadav
Weifang Zhu

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Jessica Bent
Sasha Blair Goldensohn
Georgina Bloomberg
Michael John Carley
John E. Franzreb III
Iris Gold III
Frances M. Green
Chris Irwin
Hendrik Laverge
Ken Paterno
Herb Sambol
Judy Place Sloan

* As of February 22, 2019
Program Overview

4 Locations

QUEENS

BROOKLYN

BRONX

GallopNYC Forest Hills
GallopNYC Sunrise Stables
Prospect Park, Bowling Green
Bronx Equestrian Center

Diagnosis

- Down Syndrome: 3%
- Other: 4%
- ADD/ADHD: 4%
- Neurological Disorders: 5%
- Cerebral Palsy: 7%
- Developmental Delays: 15%
- Not Disclosed: 15%
- Autism Spectrum Disorder: 47%

Improvement on Life Goals

- Communication: 48%
- Social Interaction: 66.18%
- Responsibility: 66.55%
- Balance: 73.50%
- Self Confidence: 74.18%
- Focus and Attention: 75.82%
- Reduce Negative Behaviors: 77.59%

More than half of our riders’ tuitions are subsidized thanks to dedicated donors.
More than half of our riders’ tuitions are subsidized thanks to dedicated donors.

- Full Tuition Scholarships: 32%
- Partial Tuition Scholarships: 28%
- Full Tuition: 40%

Ethnicity FY 2018
- No Info: 35%
- Caucasian: 26%
- Hispanic: 17%
- African American: 12%
- Asian: 9%
- Other: 2%
GallopNYC Fiscal Year 2018

GallopNYC experienced significant growth in the horse riding facilities it owns and operates. Total expenses increased for fiscal year 2018 over the prior year reflecting associated fixed costs along with variable operating expenses from the additional new stables. GallopNYC is poised for growth as the facilities provide additional revenue generating opportunities as programs expand and capacity is further utilized.

~ Gavin Case, GallopNYC Treasurer
Our Donors

$50,000 +
Blue Hill Troupe
The FAR Fund
Taft Foundation

$25,000 - $49,999
Audrey Abbott
Anonymous
Bloomberg Philanthropies
Kim Charlton and Stephen Meringoff
Goldman Sachs Gives
Gray Foundation
Alicia Kershaw and Peter Rose
Suzy Marquard
Meringoff Family Foundation
NYC Department of Health and Mental Hygiene
Naomi Rosenthal
Stavros Niarchos Foundation
The Winifred Johnson Clive Foundation
David and Sybil Yurman

$10,000 - $24,999
Anonymous
Centennial Bank
Arthur Dantchik
Give Back for Special Equestrians
Herrick, Feinstein LLP
NYC Council
NYC Department of Education
Patrina Foundation
Sol Reischer
Craig W. Virden Foundation, Inc.

$5,000 - $9,999
American Express Foundation
Ares Capital
Brown Rudnick LLP
Eileen Fisher Company
Emma and Georgina Bloomberg Foundation
Equus Foundation
The Grodzins Fund
Houlihan Lokey
Constance Hunter
King and Spalding

Laura J. Niles Foundation
Macquarie Group
The Make-A-Wish Foundation
Steve Malkenson
Daniel Marsili
The Mayors Fund
Morgan Stanley Foundation
NYC Service
John O’Donnell
Carla Pehowski
New York Community Trust Amy and Martin Post Fund
Erica Rose
Faith Rosenfeld
Glenn and Mary Rufrano
Herb Sambol
Sean Stanzak
Sterling Project Development
Virginia Terry and Matthew Jacobus
Wray Thorn
Tryon Equestrian Partners
Two Sigma
$2,500 - $4,999
Anonymous
Jessica and Jeb Bent
John Bostany
Mel Breder
The Capital Group Companies Charitable Foundation
Kathy Evers
Sallie Gouverneur
The Grodzins Fund
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Betsy Hutman
King & Spalding LLP
Suzie and Bruce Kovner
Stacey and Curtis Lane
Moishe Mana
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New York Community Trust Rippe-Family Fund
Rodney Seelig
Lindsay Shea
Joseph S. and Diane H. Steinberg
Daniel Tai
Julie and Konrad Testwuide
Andrea Walton
Brian Ward
Tim Zietara

$1,000 - $2,499
Mary and James Albrecht
Liz Altman
Nelson Alves
Anonymous
Ares LLC
Jill Babic
Deanie Barth
Paula and Earl Black
Dianne Brandi
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Gavin Case
Colgate-Palmolive Company
Susan and Christopher Cowie
Annie Curtin
Diane and Ed Daley
Michael Defazio
David and Ingrid Ellen
Nadine Ellerthorp
Sam Ellis
Kathleen and Henry Elsesser
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Eliza Factor
Andrew Fately
Elise and Henry Feuerstein
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Andrienne Gordon
and Gary Herman
Lisa Hall
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JPMorgan Chase
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Hans Kertess
Lands’ End
Lynn Lang
The Laura B. Vogler Foundation
Glen Gillen and Michael Lawrence
Francine D. Levine
Esther Malamud
Manhattan Saddlery
Derek Manwaring
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Blythe Masters
Mayer Brown LLP
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Bethany and Robert Millard
Soledad Mills
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Marlene and Kevin O’Dea
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Katharine and Willard Overlock
The Pennsylvania National Horse Show Foundation
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Pzena Investment Charitable Fund
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Resorts World Gives
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Barbara Rosen
Jonathan Russo
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Judy and David Sloan
Bernard Smith
Joan Solotar
Donna and Richard Soloway
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Summer Street Advisors, LLC
Daniel Tai
TD Charitable Foundation
Royce Tidwell
Barbara and Donald Tober Foundation
Dino Veronese
WABC-TV
Nela Wagman and Steven Wein
Andrea Walton
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Suzanne Wolden
Brian Yudkin

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Anonymous
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Bank of America Charitable Foundation
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Electro-Miniatures, Corp.
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Gregg Gelman
Anthony George Gero
Maryanne Gilmartin
Jennifer Gomez
Google
Mark Gould
Deborah Grace
Thomas Gutowski
Julie Hertzog and Gabrielle Esperdy
Jamie Hill
Alan Hirsh
Caroline Holl
Cathy Huang
Anthony Jiga and Lynda Steinberg
Tom Johnson
Curtis Kemeny
Rikki Klem and William Bratton
Natalia Kory
David Kratz
Lisa Lambert
Hans Laverge and Barbara Tamerin
Miyoung Lee and Neil Simpkins
Elizabeth Lenas
Kathryn Lu
Liz and Matt Luckett
Stacy Mark
Alice and Allan Marx
Christopher Mauro
Thomas McMahon
Thomas Mitchell
Andrew Moore
The Philip and Tammy Murphy Family Foundation
Mara Nerenberg
Philip O’Shea III
Debra Paoli
Estefanio and Mauricio Parroquín
Vicki Petrella
Karen Phillips
Katharine Place
Katharine Place
Marcello Porcelli
Andrea Rachman
Phillip Raible
Rachel Ratner and Richard Greenspan
Jean Rawitt
William Roberti
Leslie Robinson
Patricia Rooney
Margery Rosenberg
Jonathan Russo
Dianne and Dan Ryterband
Howard Sacarob
Carla and John Scagnelli
Heather and Jackson Sciacca
Michael and Michell Siano
Betsy Simons
Anne Marie Sowder and Jay Gorman
Jason Spacek
Richard Spencer
Lynda Steinberg and Anthony Jiga
The Joseph S. and Diane H. Steinberg 1992 Charitable Trust
Margo Taft and Donald Stever
Beth Lynn Barry and Daniel Sussman
Michael Swiader
Martha Talley
Thomas Reuters
Thomas Tomeo
Laura Valeroso
Cynthia Vance
Yossi Vebman
Lucie Claire Vincent and Felipe Herrera
Jon Voightman
Brian Ward
Einab Weingarten
Lisa Williams
David Winston
Carole Yass

Government
NYC Department of the Aging
NYC Department of Education
NYC Department of Health and Mental Hygiene
NYC Department of Parks and Recreation
NYC Department of Youth and Community Development
NYC Mayor’s Office

In Kind Donations
Barclay’s Center
Downtown Brooklyn Neighborhood Association
Clinton Kershaw
Goldman Sachs
Home Depot
Lands’ End
Kevin O’Dea
Sol Reischer
Rodney Seelig
Salesforce Foundation
Taproot Foundation
Andrea Walton

Special Thanks
Brooklyn Borough President Eric Adams
Commissioner Victor Calise, NYC Mayors Office for People with Disabilities
Council Member Diana Ayala
Council Member Justin Brannan
Council Member Laurie Cumbo
Council Member Chaim Deutsch
Council Member Mark Gjonaj
Council Member Karen Koslowitz
Council Member Brad Lander
Council Member Eric Ulrich
Council Member James Vaccia
Council Speaker Corey Johnson
Queens Borough President Melinda Katz
Queens Parks Commissioner
Dorothy Lewandowski
Prospect Park Alliance
Queens Community Board 6
Queens Community Board 10
Meet Marley, an enthusiastic and charming teenager who has built a powerful bond with our horses, especially her favorite horse Buddy. It is clear that Marley is excited to visit the horses and looks forward to her weekly therapeutic riding lessons - but Marley didn’t always have an easy time making connections. In fact, she was once withdrawn and anxious around people and other animals, such as cats and dogs. But the first time Marley saw a horse, something magical happened - she wasn’t scared or timid; she was curious and wanted to learn. There was something about our furry four-legged friends that invited her in. Marley’s family believes that it was our horses’ calm, patient, and loving nature that inspired her to open up and try something new.

Marley’s mother first discovered therapeutic riding through a recommendation from Marley’s teachers. Her mother wanted Marley to have an activity that could help with her focus, social skills, and speech. She was delighted when she found that and so much more at GallopNYC. Through her weekly therapeutic riding lessons, Marley has made significant and measurable progress that has carried over into her daily life. She is now patient and willing to wait her turn; she has better concentration; her social and communication skills have improved; and she is joyful and more confident.

The benefits that Marley has experienced through our therapeutic program have extended to the rest of her family. Her entire family enjoys coming to the barn and has bonded with volunteers, staff, and other families to form deep and lasting friendships. Her sisters have spent hours volunteering during lessons and caring for our horses in the barn. GallopNYC has provided her family with a safe and nurturing community that they all enjoy being a part of.

“My daughter Marley has been part of the GallopNYC community for at least 5 years. I can’t begin to tell you the progress she has made and the confidence she has gained. She just adores the horses, the entire staff and volunteers, it has become her second family. I have three other children and they all feel that Marley and our family have found an amazing community in GallopNYC. Thank you!” - Lisa, Tony, Marley, Shayla, Keira, and Jackie
The mere mention of the name, L’Hava, is sure to bring a smile to any member of our staff and volunteer who knows her. L’Hava joined our therapeutic riding program just a short time ago, in the fall of 2017. Because her smile, laugh, and positive attitude are so infectious and brightens your day, she quickly became well-known and loved by all in our community.

L’Hava is living with multiple sclerosis (MS), an unpredictable, often disabling disease of the central nervous system that disrupts the flow of information within the brain, and between the brain and body. MS has impacted L’Hava both physically and mentally. She had always been an active person who enjoyed skiing, but her condition no longer allowed her to take part in the sports she loved.

Although necessary, the gym exercises and physical therapy were becoming too routine for her. A social worker from Mt. Sinai recommended therapeutic riding as a way to introduce sports back into her life. L’Hava was excited by the idea of learning a new sport that she could participate in and it didn’t take long for her to enroll in our program.

“When I first got on the horse, my MS quieted down. Once I started to learn how to position my heels and then how to post, it definitely helped my walking the next day - I could see the major improvements in my walking immediately. Being on the horse was very soothing in a way other physical therapies have not been.”

Now, over a year into our program, L’Hava has gained strength in her arms and legs. She is learning to use her thigh muscles to control and steer the horse, which can help with mobility when she is walking. Her instructors give her exercises to stretch her body and improve her balance. L’Hava has made great progress and no longer needs the assistance of sidewalkers in the arena. The independence has helped her confidence, especially when dealing with her MS. She now looks forward to challenging herself with new goals every week.

L’Hava has also bonded with the other riders in our program and has formed friendships that extend outside of the arena. GallopNYC has become a supportive community for her and an important new chapter in her life. She even started volunteering with us by helping with paperwork and data entry!
Laura Antoniou

“Any time I spend at GallopNYC is a gift for me, to be honest. I love bringing baked treats for the staff and other volunteers to show how grateful I am to have the chance to work at such a wonderful stable with such inspiring people and beautiful horses.”

Nicole Adduci

“I volunteer because I love seeing the smiles on the faces of our riders, families, and of course, fellow volunteers! Time spent with GallopNYC’s amazing horses is always the best part of my week, and I’m so glad I can spend time helping our riders learn and grow.

Melissa Heide

“I volunteer at GallopNYC because I enjoy it! I started volunteering because I missed being around horses, and I’ve kept coming back because of the welcoming environment created by staff, students, and other volunteers. I feel like I’m making a difference, and I look forward to my weekly shifts.”
We Love Our Corporate Groups

Our corporate groups benefit from a deep sense of teamwork, purpose, and the satisfaction of giving back to their community. This year, GallopNYC hosted groups from The Gap, Home Depot, Oglivy & Mather, Hachette Publishing, Barclays, Viacom, Young Professionals Committee at the Volunteer Referral, AstraZeneca, JP Morgan Finance, Ares Capital, Simon and Schuester, Converto, Blackstone, Neverware, and Hall Capital.
Our **Mission**

GallopNYC uses therapeutic horsemanship to help riders in NYC with disabilities walk, talk, and learn, inspiring them to live their lives as fully, independently, and productively as possible.

Our **Vision**

That every child with a disability in New York City has access to therapeutic horseback riding.